

YMCA of the USA
Release and Waiver of Liability

You have registered for a YMCA of the USA certification course that includes a practical component. Because the practical component of this course includes physical activity, completion of this Waiver of Liability form is required.

THIS DOCUMENT IS A RELEASE OF CLAIMS, AND BY SIGNING IT YOU DO THE FOLLOWING:

1. Acknowledge that when performing the physical activities related to the practical component of this course, you may suffer injury.
2. Represent to the YMCA of the USA that you are in good health and physical condition, sufficient to engage in such activities and that you are not suffering from any condition that would prevent you from engaging in such activities or that make your engagement in such activities potentially dangerous or harmful to you.
3. ASSUME THE RISK OF, AND RELEASE AND HOLD THE YMCA OF THE USA, AND/OR ANY OTHER YMCA ENTITY, HARMLESS FROM, ANY LIABILITY FOR ANY PHYSICAL OR OTHER INJURY OR HARM SUFFERED BY YOU DURING, OR AS A CONSEQUENCE OF, PARTICIPATION IN THE PHYSICAL ACTIVITIES REQUIRED IN THE CURRICULUM FOR THIS COURSE AND YOU AGREE THAT NEITHER THE YMCA NOR THE FACILITY AT WHICH THIS COURSE IS BEING CONDUCTED, NOR ANY OTHER PERSON INVOLVED IN THE ORGANIZING OR TEACHING THIS COURSE, SHALL HAVE ANY LIABILITY OR RESPONSIBILITY FOR ANY SUCH INJURY OR HARM.

I have carefully read, understand, and affirm that I am in good health and physical condition, and am signing this of my own free will. I agree to all of the foregoing.

Participants Name _____(please print)

Signature _____Date_____

Course Name _____

If less than 18 years of age, a parent or guardian must sign form.

Print Name _____Date_____

Signature_____